



#### CONTACT INFORMATION

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E-mail:  
LonsdaleFoodShelf@gmail.com

Website:  
LonsdaleAreaFoodShelf.org

**FOOD SHELF HOURS**  
Open Every Thursday 12:30-5:00  
(1st Thursday of the month until 6:00)

## The Lonsdale Area Food Shelf in one word: **Miracle!**

Recently an LAFS Client (hereby known as Jane) was interviewed, and here is what she had to say about the Lonsdale Area Food Shelf.

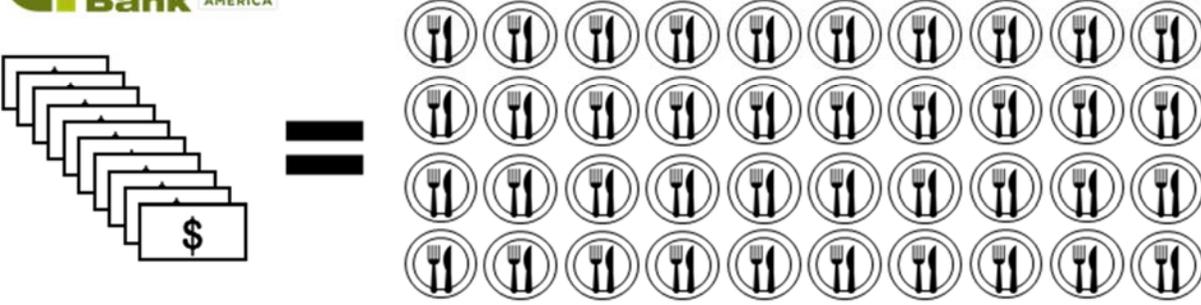
Jane expressed feeling guilty for coming to the food shelf. She felt like she was taking away from others who needed it more, so she struggled with receiving food. Jane often left the food shelf crying, but needed the help to get by and make ends meet. She often felt as though she was receiving more food than she deserved, and left feeling uncomfortable. However, LAFS volunteers would encourage her to take her share. Gradually she began to feel more comfortable visiting the food shelf and more comfortable with the volunteers. Jane even grew to form a bond with them. She now enjoys visiting with the volunteers and other clients.

In early summer 2017 another client's daughter was doing a school project about the food shelf. She was asking clients what the food shelf meant to them in just a word or two. Jane was there that day and was asked what LAFS meant to her. At the time she couldn't think of anything. It took her over 8 months to think of it, but in January 2018, Jane thought of one beautiful word. To her the food shelf is a MIRACLE! Jane wants to thank everyone at the LAFS from the bottom of her heart.

The volunteers at LAFS feel that Jane is the most sincere and sweetest woman. As Jane told her story she teared up. Not only does Jane value the connections she has made and the help she has received at LAFS, but our volunteers also value the connections and friendships they've made through the food shelf and feel blessed to be a part of it.

Give \$10.00 or more to **GIVE A MIRACLE!**

When you donate **\$10** we can purchase enough food for **40 meals**  
 (through Channel 1 - our Food Bank)

*"The miracle is this: The more we share, the more we have." -Leonard Nimoy*

## 2017 Events

### Project SOS (Supply Our Students)

We supplied 52 students in 22 families with Project SOS. Volunteer Jenna Heimer collects all school supply lists for each child that is signed up. She then buys all of their school supplies for them. "I feel that this is important because as a teacher I know that students need to start out the year on a good note, and going to school with brand new supplies can help that," says Jenna. We handed out:

- 1539 pencils
- 186 dry erase Markers
- 117 Glue Sticks
- 225 Folders
- 218 Notebooks



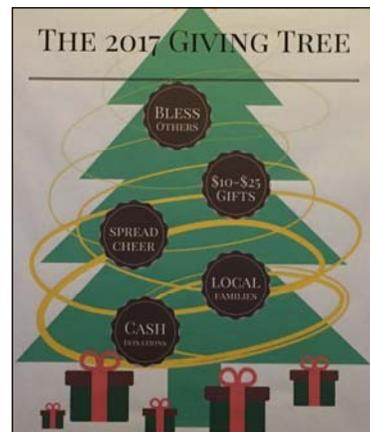
### Thanksgiving Meal

Every year, families are given an opportunity to sign up for our Thanksgiving Meal Program. We had 46 families that participated in the program, which included 41 children under the age of 14, and 93 adults. Each family is given:

- Gift certificate to redeem at Mackenthun's for a free turkey
- Stuffing mix
- Potatoes
- Canned vegetables
- Dinner rolls
- Pumpkin pie with whipped topping

### Christmas Gift Program

Through the generosity of our community donating Christmas gifts, we were able to offer families with children the opportunity to sign up to receive gifts for their family. Each person is given at least 3-4 gifts. Our Christmas Gift program helped 22 families. Of these families, there were a total of 84 people, including 53 kids.



## Our Volunteers are Miracle Makers!

In this newsletter we wanted to highlight one of our volunteers. None of our volunteers wanted to be singled out, but would rather highlight the team as a whole. They are a group of devoted, kind, humble people, but here is a list of what they do to help provide food for our neighbors:

- Stock & organize shelves
- Greet & register clients
- Pick up donated food at collection sites
- Inspect and sort food donations
- Perform janitorial duties
- Shovel sidewalks and pull weeds
- Pay bills & deposit financial gifts
- Apply for grants
- Track client data
- Send monthly reports to USDA and other agencies
- Schedule volunteers
- Prepare mailings
- Plan and organize special projects & events

The Lonsdale Area Food Shelf is run 100% by volunteers. If you would like to join this awesome group of miracle makers, contact us!

## Thanks Mackenthun's!



We would like to thank all the businesses, organizations and churches which donate so generously to the food shelf. But today, we'd like to highlight Mackenthun's who have supported us in several ways!

- Last year they hosted a fundraising golf tournament at Creeks Bend and will do so again this year. It will be held on Friday, September 14th.
- They promoted a food collection event called "Stuff A Truck" and hope to make it an annual event.
- They supply pre-filled bags of food available for purchase.
- They help us to offer turkeys on Thanksgiving.
- They help us to provide milk to families with young children.

## HOW TO GIVE

### Donation Drop Boxes:

- Frandsen Bank
- Lonsdale Liquor
- Studio 52 Dance
- Local Churches

### Mail a check to:

Lonsdale Area Food Shelf  
7525 Garfield Ave,  
Lonsdale MN 55046.

### Thrivent Choice:

If you're a Thrivent Member consider "Thrivent Choice" giving.

### Bill Pay:

Talk to your bank or set up "Bill Pay" with your online bank account.

### Credit Card:

Contact the Food Shelf and we can process a donation through the "Square" credit card program.

### Employer Match

### Amazon Smile:

Choose the Lonsdale Area Food Shelf.

### Scan this QR code



Check out those and more ways to give on our website:

[LonsdaleAreaFoodShelf.org](http://LonsdaleAreaFoodShelf.org)

**Hunger  
Uncorked**

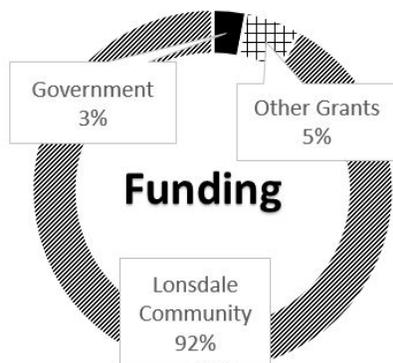
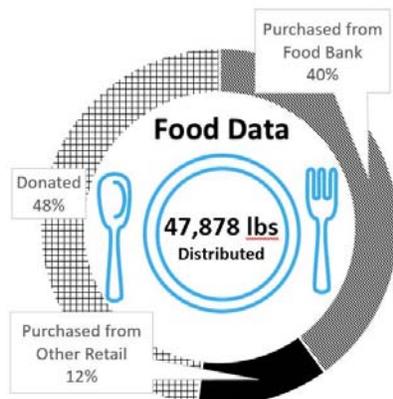
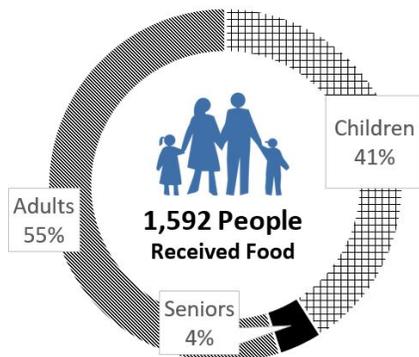
A LONSDALE AREA FOOD SHELF  
WINE SOCIAL AND SILENT AUCTION

**September 30th, 2018 2PM-5PM**  
**At Next Chapter Winery**  
**Wine, Live Music, Silent Auction**

# Charts of Miracles

that YOU,  
*Our Community*  
Made Happen!

## Client Data



## Lonsdale Area Food Shelf

**Mailing Address**  
7525 Garfield Ave  
Lonsdale, MN 55046

**Street Address** 130  
Delaware St. S.E.  
Lonsdale, MN 55046

Phone: 507-744-5399

Give \$10.00 or more  
& **GIVE A MIRACLE!**